

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

We had a beautiful sunny day for our Apple Fest last week. A little too sunny actually, so we had to move the tables into the shade next to the building. It was wonderful to see so many people who came to see what our senior center is all about. A good time was had visiting with friends they had not seen for 18 months and just feeling that they were glad to be out and about. We had all things apple...apple pie, apple bars, apple cider donuts from Jellis' Market made fresh for us that morning, and delicious apple cider. Of course, apple pie should be served ala mode, and ours was served with Culvers' custard donated by Jon and Marsha Laundrie who own our Lake Mills location. Even our door prizes were apple. Fresh apples, apple themed tea towels, dish towels, microwave bowl holders, fresh apples...you get the idea! There were smiles all around.

October Bingos are this week Wednesday the 6th and again on Wednesday, the 20th. This is a free bingo afternoon from 1-2:30 with great prizes and fun company. It is held in the RLAC gym.

Foot Care is Wednesday morning, October 13. You must make an appointment so our RN, Deb, has time for everyone. Call Club 55 at 920-728-2176. Bring your own towel, \$15.

There is a scheduled 'Drug Take Back' for Tuesday, October 19, from 12:30 – 3:00 at Club 55. This is your opportunity to bring in old medications to be disposed of properly. Officer Jessica Johnson of the LMPD will be here to answer questions that you may have. This is a good time to clean out your medicine cabinets and bring in your old medications.

Please check the Club 55 calendar for all of our events at

<https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm>

Better still, stop in to RLAC to see what is happening. If you missed the Apple Fest you can still drop by to see what we offer. We still hear that some of you have never been inside of our building. Now is your chance to stop in and see it. We welcome all lookers! Club 55 is open on M, T, W, and Th from 10-3.

Mah-jongg is offered on Mondays at 1:00

Exercise with Diane on Tuesdays at 10, Canasta at 12:30.

Knit Wits sewing, knitting, on Wednesdays at 11, as well as Cards (500).

Thursdays, exercise at 10, card making at 10:45, and euchre at 12:30.

Space does not allow me to list all things that happen or are planned for Club 55. If you attend any of the activities, you are considered a 'member' as there are no dues. You may use the work out equipment room at RLAC during the hours that Club 55 is open. For those of you that walk each day it is an alternative not only for icy sidewalks but for wet leaf filled sidewalks. You may also walk in the gym when it is open or walk in the hallways. It certainly is a safer way to get your steps in.

There are many kinds of board games available, and dominoes had been a very popular one before the pandemic. We are hoping to get back to enjoying some of these beside the scheduled card games. Perhaps you have a group that has gotten together for a long time but now one of your members has had a hip or knee replacement and finds it difficult to do the steps at another member's home. Bring your group to Club 55 and we will find a space for you to enjoy. There are no steps to enter RLAC or to master once inside.

The Bia menu for Wednesday, October 13 is Tuna casserole with fresh peas, cottage cheese and peaches, dessert. You must make your reservation by Friday, October 8. Meals are delivered to Club 55 on Wednesdays at 2:30 for pick up and are \$10.55 each which includes tax.

Sending special birthday wishes to one of the original Club 55 members from 2017....Happy Birthday to Marilyn Derse who celebrates her 90th this week!!!